



# DEALS & DISCOUNTS

FOR NSTU MEMBERS INCLUDING RTO MEMBERS!!



*Subject to change without notice. Updated May 3, 2016.*

## ACCOMMODATIONS

### NSTU Contract Hotels

The **DELTA HALIFAX** and **DELTA BARRINGTON** are the NSTU's contract hotels and offers members on NSTU business a rate of \$86 (some restrictions apply) July 1, 2015 to June 30, 2016. For leisure travel, \$99 July 1, 2015 to June 30, 2016 plus a special parking rate of \$9.95 per day (self parking). **NSTU membership identification is required** and the NSTU rate is for one room booking per NSTU membership card. The Delta Halifax can be reached at 902-425-6700/1-888-423-3582. The Delta Barrington can be reached at 902-429-7410. For more info, check the Delta Halifax website at [www.deltahotels.com/corporate/cor/nstu.html](http://www.deltahotels.com/corporate/cor/nstu.html). The Delta properties are now both smoke-free. Please note the change in **Cancellation Policy**. Cancellations must be made by **(midnight) 11:59 p.m. the DAY BEFORE ARRIVAL**.

**BELGRAVIA BED & BREAKFAST** in Truro offers a 15% discount to NSTU members. For more info call 902-893-7100 or 1-866-877-9900.

**BEST WESTERN PLUS CHOCOLATE LAKE HOTEL, HALIFAX** Located at 20 St. Margaret's Bay Road, Halifax, NS B3N 1J4. NSTU rates - \$105 based on single/double occupancy, per room, per night, plus taxes. NSTU rate includes hot buffet breakfast, FREE parking, FREE local calls, and FREE high speed Internet. Book your Corporate Rate today at 902-477-5611 or [res@chocolatelakehotel.com](mailto:res@chocolatelakehotel.com). For more information contact 902-477-5611, Fax: 902-404-3376 or [res@chocolatelakehotel.com](mailto:res@chocolatelakehotel.com). Based on availability. Some conditions apply. Call today for more information.

**CAMBRIDGE SUITES, HALIFAX** - offers NSTU/RTO members the following rates for 2016: \$119—includes continental breakfast, wi-fi and free local phone calls January to April and November to December. \$149—includes continental breakfast, wi-fi and free local phone calls May to October. Location: 1583 Brunswick Street, Halifax, NS B3J 3P5; Phone: 902-420-0555; Website [www.cambridgesuiteshalifax.com](http://www.cambridgesuiteshalifax.com)

**CAMBRIDGE SUITES, SYDNEY** - The rate until December 2016 is \$129 includes Wi-Fi, free local phone calls and a Hot buffet breakfast. You can now access the special rates for NSTU members when making online reservations at Cambridge Suites Hotel Sydney. Website [www.cambridgesuitessydney.com](http://www.cambridgesuitessydney.com)

### CAPE BRETON RESORTS

**INVERARY RESORT**, 368 SHORE ROAD, BADDECK offers NSTU and RTO members and employees leisure and business preferred rates throughout the year. January 1 - May 31 Starting at \$99, Continental Breakfast Included / June 1 - June 30 Starting at \$119, Hot Breakfast Included / July 1 - Oct 31 Starting at \$159, Hot Breakfast Included / Nov 1 - May 31 Starting at \$99, Continental Breakfast Included. **FOR RESERVATIONS**, call us at 1-800-565-5660. For more information, visit us at [www.capebretonresorts.com](http://www.capebretonresorts.com) Based on single or double standard room occupancy. Blackout dates may apply. May not be combined with any other promotional rates or discounts. Not applicable to group bookings.

**DUNDEE RESORT and GOLF CLUB**, 2750 WEST BAY HIGHWAY, DUNDEE offers NSTU and RTO members and employees leisure and business preferred weekly rates from mid-May to mid-October. Stay for a full week for only \$595! **FOR RESERVATIONS**, call us at 1-800-565-5660 or 1-902-345-2649. For more information, visit us at [www.capebretonresorts.com](http://www.capebretonresorts.com) Based on single or double occupancy in either a standard room or 1 bedroom cottage. Black out dates may apply. May not be combined with any other promotional rates or discounts. Not applicable to group bookings.

**DIGBY PINES GOLF RESORT & SPA** 1-800-667-4637 or [www.digbypines.ca](http://www.digbypines.ca). Open mid-May to mid-October. Rates starting from \$109/night plus 15% tax, low season (May, June, September & October); rates starting from \$134/night plus 15% tax, high season (July & August), based on double occupancy, subject to availability, room upgrade fees may apply. Please request the NSTU member rate at time of booking and provide your NSTU card upon check in. Rate is based on leisure travel only and is not applicable to group business.

### **FUTURE INNS HALIFAX HOTEL & CONFERENCE CENTRE –**

Located at 30 Fairfax Drive, off of Lacewood Drive in the Bayers Lake Shopping District. We are happy to offer discounted rates for current & retired NSTU members starting at \$103 for a Traditional Room; Executive Rooms \$119; Two Room Suites \$153; and Executive Suites \$169. The NSTU rates include Free parking, Free local calls & Free high-speed Internet. To book a room, simply call 1-800-565-0700 or [Halifax@futureinns.com](mailto:Halifax@futureinns.com). Based on availability & some conditions apply. Call & speak to one of our friendly staff members for more information.

### **HAMPTON INN & HOMEWOOD SUITES BY HILTON® HALIFAX DOWNTOWN -**

are conveniently located at 1960 Brunswick Street in the heart of Halifax and would like to extend a special rate to NSTU/RTO Members.

#### **NSTU 2016 Rates:**

**Jan. 1 - May 31:** \$104/night (Hampton Inn)

\$114/night (Homewood Suites) / \$114/night (Studio Suites)

**June 1 - Oct. 15:** \$129/night (Hampton Inn)

\$149/night (Homewood Suites) / \$149/night (Studio Suites)

**Oct. 16 - Dec. 31:** \$104/night (Hampton Inn)

\$114/night (Homewood Suites) 1-6 nights

\$114/night (Studio Suites) 7-13 nights & more offers

We can't wait to hear from you! To reserve your guest room or guest suite, use your unique booking code online at [www.Halifax.HamptonInn.com](http://www.Halifax.HamptonInn.com) or [www.Halifax.HomewoodSuites.com](http://www.Halifax.HomewoodSuites.com). You may also call the Hampton Inn directly at **902-422-1391** / 1-855-331-0337 and the Homewood Suites directly at **902-429-6620** / 1-855-331-0334 and speak with one of our Guest Service Agents. The above is subject to availability and blackout dates.

**What's included in your Hampton stay:** Complimentary Wi-Fi; Complimentary Hot Breakfast; Complimentary On the Run® Breakfast Bags; and the ability to earn Hilton HHonors points.

**What's included in your Homewood stay:** Complimentary Wi-Fi; Complimentary daily full hot breakfast and evening social (M-Th); Complimentary Grocery Shopping and the ability to earn Hilton HHonors points.

### **HAMPTON INN BY HILTON SYDNEY -**

NSTU members are welcomed with a special rate from \$129 + applicable taxes from now until December 30th, 2016 (New Year's Eve not applicable). We are also pleased to provide free parking, free wi-fi, free local phone calls and free 24-hour coffee & tea service and a free hot breakfast buffet, along with use of our fitness centre, mineral pool and 90' waterslide. Conveniently located adjacent to the Membertou Trade & Convention Centre and connected via pedway to Kiju's restaurant, the hotel is minutes from downtown, Mayflower Mall, CBU, CB Regional Hospital and much more. 60 Maillard Street, Sydney, NS B1S 3W3. Check us out on tripadvisor or visit us on Facebook. Call 1-855-564-8282 for reservations. NSTU ID is required.

### **KELTIC LODGE RESORT & SPA -**

1-800-565-0444 or [www.kelticlodge.ca](http://www.kelticlodge.ca). Open mid-May to mid-October, based on double occupancy, subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check-in. Rate is based on leisure travel only, room upgrade fees may apply and is not applicable to group business.

### **LISCOMBE LODGE RESORT & CONFERENCE CENTRE -**

Call 1-800-665-6343 or visit [www.liscombelodge.ca](http://www.liscombelodge.ca). Open mid-May to mid-October, based on double occupancy, and subject to availability. Please request the NSTU member rate at time of booking and provide your NSTU card upon check-in. Rate is based on leisure travel only, room upgrade fees may apply and is not applicable to group business.

### **THE LORD NELSON HOTEL & SUITES -**

are pleased to offer a **special rate of \$89 without parking or \$109 including parking until April 30th, 2016 and \$129 without parking, \$149 with parking for May and June 2016.** The Lord Nelson is a legendary 4 Star landmark hotel in downtown Halifax, across from the beautiful Public Gardens. Located on the corner of Spring Garden Road, where guests can explore the many options available for shopping, dining and entertainment. Also connected by an indoor walkway to Park Lane Mall, Cineplex Cinemas, GoodLife Fitness, Lawtons Drugs and McDonald's.

The Lord Nelson Hotel & Suites is located at 1515 South Park Street, Halifax NS B3J 2L2.

**To make reservations** via our website [www.lordnelsonhotel.com](http://www.lordnelsonhotel.com) - Click on **Book your Corporate Rate** and enter **NSTU321**.

**To book a reservation** – Toll Free 1-800-565-2020, Direct 902-423-5130 / Email [ask@lordnelsonhotel.com](mailto:ask@lordnelsonhotel.com)

### **PARK PLACE HOTEL & CONFERENCE CENTRE - RAMADA**

**PLAZA -** would like to extend a room rate to NSTU/RTO members for 2016. The following rates will include a complimentary hot buffet breakfast, parking and high-speed wireless internet.

**Park Plaza Hotel & Conference Centre - Ramada Plaza - January 1, 2016 to December 31, 2016 - Standard room - \$129.95 and one-bedroom suite - \$179.95.**

Rates are based on individual travel only, but may be used by employees or associates travelling for business and pleasure. Rates are quoted in Canadian dollars and subject to applicable taxes. Room production will be monitored throughout the year. Rates are subject to change. Location: 240 Brownlow Ave., Dartmouth, NS B3B 1X6 (Hwy 111, Exit 3 to Burnside Drive); Phone: 1-902-468-8888 / Fax: 1-902-468-8765 / Reservation: 1-800-561-3733; Email: [ramada@ramadans.com](mailto:ramada@ramadans.com) and website: [www.ramadans.com/](http://www.ramadans.com/).

**THE FARMHOUSE INN** - in Canning, just outside Wolfville in the Annapolis Valley, offers an additional 15% off winter rates to NSTU members. The discount will apply from November to April each year, excluding packages, New Year's Eve, Valentine's weekend and special events weekends. Visit [www.farmhouseinn.ns.ca](http://www.farmhouseinn.ns.ca).

**THE PRINCE GEORGE HOTEL** - is a luxury hotel—completely renovated from top to bottom—located in the centre of downtown Halifax. **The NSTU/RTO rate for 2016 (until December 30, 2016) is \$115.00; which includes local phone calls & free wi-fi.** Check us out for business or pleasure. Conference delegates will be in a perfect location to explore the city. Also connected to the Downtown Link indoor pedway provides many options for shopping, entertainment, dining and accessing the Halifax waterfront without going outdoors. The Prince George Hotel is located at 1725 Market Street, Halifax, Nova Scotia, B3J 3N9; General Enquiries: 902.425.1986 / Make a Booking: toll-free 1.800.565.1567 or direct 902.425.6066; [www.princegeorgehotel.com](http://www.princegeorgehotel.com)

**THE WAVERLEY INN** - offers NSTU members a 10% discount. Located at 1266 Barrington Street, Halifax, NS B3J 1Y5; Phone 902-423-9346/1-800-565-9346; website [www.waverleyinn.com](http://www.waverleyinn.com)

**THE WESTIN NOVA SCOTIAN** - Halifax offers NSTU members a discount. Rates include high-speed Internet access, local calls, \$5.00 discounted parking and are based on single/double occupancy. Standard Rooms (2 Doubles or 1 Queen) **Season 1:** Jan 1 - Apr 1 \$115.00 [\$249.00] / **Season 2:** May 1 - Oct 31 \$135.00 [\$289.00] / **Season 3:** Oct 31 - Dec 31 \$115.00 [\$249.00]. For comparison, our published rack rates are in [\$]. Contact the Westin at 1181 Hollis Street, Halifax, NS B3H 2P6; 902-496-7891; 1-888-627-8553 or [www.thewestinnovascotian.com/nstu-employees](http://www.thewestinnovascotian.com/nstu-employees) to book directly online. Based on availability.

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**HOTEL DISCOUNT PROGRAM** - We are proud to now offer our very own NSTU Member Discount Hotel Program, provided for the exclusive access of our members and their families. Why? Because our teachers deserve it! Teachers and their families may now search and book hotel discounts around the world. Our savings may exceed 50%, and average 10-20% below market rates. To take advantage of these savings, simply enter your destination of choice and travel date in the convenient search widget on our site, and follow the instructions to log-in or **phone 1-800-892-2136, code NSTU. Website - <http://www.reservetravel.com/v6?&siteid=23903&currency=CAD&useKilometers&streetview=true&pagesize=25&cid=nstu>**

Virtually all worldwide hotel rates are discounted...some by a little and some by lot...and there are no added service fees, so our deals will compare favourably with any alternative source for making hotel reservations, including all online travel agencies as well as booking direct with the hotels. In addition to our great rates, we also offer our members the best worldwide hotel inventory, as measured by (i) number of property listings, (ii) room availability, and (iii) rate types to choose from. And don't worry, we don't impose any onerous change or cancellation policies, other than simply passing along the terms and conditions offered by the hotels. So, you can book with confidence!

**Go to <http://localhospitality.com/corporate.html> and under CONTACT US click on log-in page use the following: USER NAME: NSTU / PASSWORD: NSTU or go to [www.nstu.ca](http://www.nstu.ca) under Deals and Discounts (Exclusive Hotel Discount Program - use same User Name and Password after you've logged into the NSTU site.)**

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## PERSONAL CARE

**AT HOME REHAB** - specializes in physiotherapy in the comfort, convenience and privacy of the patient's own home. Our goal is to ensure you reach your physical potential while working with your busy schedule. Services are available throughout HRM, Windsor and Truro. Appointments are offered before, during, and after the school day and on weekends.

At Home Rehab is pleased to offer NSTU members, both active and retired, a reduced rate (**Reg. \$100 / NSTU discount \$75**) for in-home physiotherapy and guarantee an available appointment within 48 hours of calling. Direct billing to Blue Cross available.

In home physiotherapy is ideal for individuals who have difficulty attending appointments outside of the home or place of work; and individuals following post-operative rehabilitation, stroke, brain injury, soft tissue injuries, generalized deconditioning, or fractures. We provide a wide range of physical therapy services including ultrasound, TENS, strength and flexibility training, fall risk assessment and balance training, postural analysis, and home safety assessments.

Call today to book your appointment 902-445-7987 or email [info@athomerehab.ca](mailto:info@athomerehab.ca) / Located on Larry Uteck Blvd. Halifax, NS. Visit us at [www.athomerehab.ca](http://www.athomerehab.ca)

**COMFORT ORTHOTICS & PODIATRY CLINIC** - Custom Made Orthotics \$295 fabricated on-site and ready for pick up in one week. Each additional pair from the same cast (within a 2 year period) is 40% less, only \$175/pair. Footwear \$10 discount on regular priced shoes – Over 20 brands and 160+ styles in stock - Receive FREE pair of All Days Socks with purchase of footwear. Sigvaris Medical Compression Stockings – Free gloves and wash solution with purchase. Receipts will be issued for claims through your medical plan. Sunnyside Mall (2nd level) – 1595 Bedford Hwy, Suite 205- Tel: 902-835-7463 or toll Free 1-855-835-7463 Website: [www.comfortorthotics.ca](http://www.comfortorthotics.ca) - We are with you every step of the way!

**THE COMPASS ROSE HEALTH AND WELLNESS CENTRE** is offering all current and retired NSTU members a **10% discount on a Float Membership** and **50% off a first time regularly priced float session**. At The Compass Rose Health and Wellness Centre, our first priority is to make anyone who comes through our doors comfortable and at rest.

We offer a range of services that promote relaxation and rejuvenation. Float therapy, massage therapy, auricular acupuncture, sensory therapy and counselling therapy are some of the services we offer. Our centre offers rooms for professionals, workshop facilitators, and any one seeking a quiet and professional space to meet. All clients have access to complimentary tea, coffee, water, and wi-fi in our Chill-ax room.

We also provide an opportunity for children to learn, relax, and explore in our Sensory Room. This is a multi-functional room that can be used for therapy, relaxation, and child programming, while care givers relax and enjoy our other services.

Float Therapy or R.E.S.T. (Reduced Environmental Stimulation Treatment) has been described as “meditation for lazy people.” Your experience begins as you enter your private room and shower. Climb into your personal Float Pod filled with a dense Epsom salt (magnesium sulphate or epsomite) warmed to body temperature. Adjust your music or lighting and lay down. The superior buoyancy of the salt solution produces a near zero gravity experience. All that remains is to close your eyes and melt.

With repeated treatment some people appear to establish new set points in the body—allowing them to cut back on pain medication.

Our Float Membership is designed for those who love to float. Each month you are billed \$59 and receive a float that is banked and never expires. As a member, each additional float is charged \$59 and if you bring a friend they receive that float for the same price. There is no limit to the number of floats per month. Also watch for our many specials and seasonal packages.

For more information, please visit our website, [www.thecompassrose.ca](http://www.thecompassrose.ca) or call (902) 346-2158. Additional information about float therapy is available online at [www.floathalifax.ca](http://www.floathalifax.ca) and on our facebook page.

**CRESTHAVEN LASER & SKINCARE CLINIC** - is delighted to offer a **30% discount off any regularly priced service to NSTU members**. At CRESTHAVEN LASER, you will love our friendly, professional and privately owned clinic that offers Laser Hair Removal, Photo Rejuvenation, Body Slimming, Cellulite Reduction, Skin Tightening and more. We specialize in FDA approved laser treatments to improve skin care and to help reverse aging, acne, sun damage, rosacea, hyper pigmentation, etc.

You are our best source of advertising! At Cresthaven Laser we want to help you look and feel you're personal best. Cresthaven Laser is built on referrals and therefore, we take great pride in insuring that our clients receive individualized care, with effective results each and every time.

Our personalized one on one attention, before, during and after treatments is what sets us apart. Our goal is to ensure each customer receive not only affordable treatments but, great value with the highest degree of customer service. Please visit our website and call to book your free consultation today at 902-401-0909 or [info@cresthavenlaser.ca](mailto:info@cresthavenlaser.ca) or [www.cresthavenlaser.ca](http://www.cresthavenlaser.ca)

**DANIEL DANIEL DENTISTRY** - We want to show you support by giving you more reasons to smile! We provide a full range of general and cosmetic dentistry services in our state of the art facility. Our team use the latest technology to provide you with a healthy smile in a very comfortable setting. From normal cleanings, to porcelain veneers, to Invisalign, to dental implants, to teeth whitening and everything in between. Our new location [6417 Lady Hammond Road, Halifax] offers lots of free parking, charges standard dental fees, direct bills your insurance, AND we are the only dental office in HRM giving you Air Miles on every visit! Our convenient hours of operation allow you to schedule your appointment before or after work, and we are even open on Saturdays [902-404-3369 ext 1].

Our way of showing support to all NSTU members and retired members is gifting you with 50 BONUS air miles on your first visit, DOUBLE air miles at every visit and EVERY year (as long as you have 2 cleanings a year) you will receive a \$450 professional whitening gift card that you can give to family or friends, or use for yourself! Now that's something to smile about.

**ENLIGHTEN LASER & SKIN CARE CLINIC** is thrilled to offer a **15% discount** on services to NSTU members. Owned and operated by an NSTU member, Enlighten offers **Laser Hair Removal, Body Slimming, Cellulite Reduction, Skin Tightening, Photo Rejuvenation, Rosacea Treatment, Manicure, Pedicure, Facials** and more. At Enlighten, our goal is to provide FDA approved, effective and affordable treatments while ensuring client comfort, privacy and satisfaction. We pride ourselves on personal attention, communication and individualized care before, during and after treatment. We believe that flawless skin is possible at any age.



Whether your concerns are to maintain youthful skin or to address the needs of maturing skin we are able to offer a wide range of skin care therapy and services. Client education is a priority at Enlighten and we pride ourselves on supporting individuals as they make informed choices regarding skin care treatments. To **book** your **FREE** consultation in **Dartmouth** call 902-404-4471 | **Bedford** call 902-835-2800 | **Truro** call 902-895-1011. For complete details, visit us at [enlightenlaser.ca](http://enlightenlaser.ca)

**ETERNO LASER & MEDISPA**, All NSTU members, including retired members are invited to visit us at one of the most beautiful & relaxing spas in the Annapolis Valley! **How does 15% OFF sound?** We would be pleased to have you enjoy this discount (with your NSTU ID) on a number of our services, including: Traditional and Medical Esthetics; Laser Hair Removal; Photo, Oxygen & Multiderm Facials; Laser Tattoo Removal with Atlantic Canada's only Quanta Q-Plus Laser™; Registered Massage Therapy; Registered Acupuncture; and more! We offer special package pricing for all Laser and Light Therapy treatments as well as a special 50% discount on treatments done with Nova Scotia's only Venus Freeze™. Please visit our website for a full list of products and services and to see our staff profiles! Eterno Laser & MediSpa • 16 Webster Court • Kentville, NS • 902-365-7546 • [www.eterno.ca](http://www.eterno.ca)

**FEIT PHYSIOTHERAPY - Are pleased to offer NSTU members (including RTO members) a 20% discount on all Physiotherapy services and Registered Massage Therapy services.** We are locally owned & operated and have direct billing available. No referral necessary. We are located at 254 B Prince Street, Sydney, N.S. B1P 5K6; (T) 902.564.1400 (F) 902.564.1401; website: [www.feitphysio.com](http://www.feitphysio.com); email: [feitphysio@bellaliant.com](mailto:feitphysio@bellaliant.com). **Visit us today and Feel better. Move better. Be better.**

**FOREVER HEALTHY ALLERGY ELIMINATION CENTER -** provides holistic medicine to treat and eliminate allergies and physical symptoms. The initial assessment is not covered by the teacher's insurance; however, the treatments are under Acupuncture and also Natural Therapies. A discounted price on the initial assessment is offered to NSTU members.

Holly Bourque, RN, R.Ac, DNM®, RAP®, Energy Practitioner - Allergy Specialist, Owner, Forever Healthy Allergy Elimination Center, 238 Main St, Yarmouth NS; Phone: 902.881.4865

**GOODLIFE FITNESS -** NSTU members who have a payroll deduction function through their school boards or work sites can take advantage of a Corporate Rate through Goodlife Fitness.

**HEALTH COACH, PAT WALLACE**, would like to offer NSTU active and retired members, **a 20% discount** on the initial assessment fee for health coaching. A health coach is trained to utilize effective behavioural psychology principles to assist people to make lifestyle changes like weight loss, regular exercise and nutritional modification.

A health coach can help individuals clarify their health goals. Once clarified, the health coach then helps them implement necessary behaviours, attitude, and lifestyle changes to achieve their goals. Pat is an ACE certified coach and has worked within the fitness and health industries for over 33 years. You can contact Pat at Maritime Physiotherapy, 110 Wyse Road, in the Dartmouth Sportsplex. Phone - 902-463-6083 or by email at [info@maritimephysio.ca](mailto:info@maritimephysio.ca)

**MARITIME MASSAGE HEALTH CLINIC**, Halifax gives a 15% discount for the first visit, then 10% to NSTU members. Phone: 902-423-2455.

**MEDICINE IN MOTION -** Family, Physiotherapy & Sports Medicine Centre - 121 Ilsley Avenue, Burnside, Dartmouth, NS; Phone 902-468-2774; Fax 902-468-1359; website [www.medicineinmotion.ca](http://www.medicineinmotion.ca). Offers a 10% discount on Massage Therapy and direct billing is available.

**NATASHA GILLAM, RMT -** Providing therapeutic massage services to Halifax's North End, Natasha Gillam, RMT takes a holistic approach to treatment. Specializing in injury rehabilitation, chronic pain, neurological conditions and of course, relaxation. We provide direct billing for most Blue Cross and Great West Life health plans and a 10% discount for members of the NSTU. Located at **2369 Agricola Street, Suite 202, Halifax, NS B3K 4B7**; Phone **902-492-3893** or visit [www.natashagillamrmt.com](http://www.natashagillamrmt.com) to book online.

**NATURAL PATH MASSAGE THERAPY**, 75 Alderney Drive, Dartmouth, NS (across from the Ferry Terminal) will offer NSTU members **\$20 off** their first massage and a free sauna. Contact 902-463-9351, [naturalpath@ns.sympatico.ca](mailto:naturalpath@ns.sympatico.ca) or visit [www.mynaturalpath.ca](http://www.mynaturalpath.ca)

**NATUROPATHIC DOCTOR, ERIN BALODIS -** As a general practitioner, Erin welcomes the opportunity to treat patients of all ages. She has a solid background in nutrition, and emphasizes whole food nutrition, going back to the basics with food along with nutritional supplementation when necessary. She has a keen interest in botanical medicine, using herbal tinctures and standardized extracts of herbs as treatment. Asian Medicine including acupuncture is another treatment option that Erin is fully licensed in, and enjoys using. She abides by the Naturopathic medicine principles by supporting patients to achieve their optimal health. She thoroughly enjoys sharing her knowledge, facilitating people on their journey to good health! **NSTU members can enjoy 15% off the initial visit.** Direct billing is available and Dr. Balodis is registered with Medavie Blue Cross. Located at Kingswood Chiropractic Health Centre, 1210 Hammonds Plains Road; 902-832-1411; OR Dr. MacAdam Chiropractic and Associates, 6777 Quinpool Road, Halifax; 902-407-3347; OR 71 Duke St., Chester; 902-802-1257. Visit [www.erinbalodis.com](http://www.erinbalodis.com) for more information.

**REMEDY FACIAL BAR & SPA** is pleased to offer members of the Nova Scotia Teachers Union 10% off regularly priced Massage Therapy with our licensed RMT Tricia Elliot with the presentation of NSTU ID. We can do direct billing with Blue Cross and offer Registered Massage Therapy receipts for other health plans. Please mention the NSTU discount when booking and paying. Located at 1546 Granville Street, Halifax; 902-425-7586; [www.remedyspa.com](http://www.remedyspa.com).

**ROACH CHIROPRACTIC AND LASER CENTRE** located at 1160 Bedford Highway, focuses on spinal health and the treatment of subluxations, pain, nerve damage, work related injuries, auto injuries, and sports injuries.

Regardless of your age, size, fitness level or condition, we tailor our treatment programs to your individual needs. We understand that patients expect the best care, an honest assessment and true concern for their health. At Roach Chiropractic Centre, our mission is to touch the lives of as many people as possible through the highest quality chiropractic care so they can achieve and maintain their optimal health potential naturally without drugs and surgery.

**We are pleased to offer all NSTU members a complimentary consultation (\$85.00 value)** which includes orthopedic and neurological testing, range of motion assessments, doctor consultation as well as a full health history.

Call **902-404-3828** or visit [www.roachchiropractic.com](http://www.roachchiropractic.com) for more information and to book your appointment today.

**SOLES IN MOTION**, 121 Ilsley Ave., Dartmouth, offers NSTU members \$10 off orthopaedic footwear (including the Dansko line of footwear) as well as a 10% discount off regularly priced athletic footwear and clothing. Contact us at 902-468-7911 or [www.solesinmotion.ca](http://www.solesinmotion.ca).

**SOUND CHIROPRACTIC AND HEALTH SCIENCES CENTRE** is a multidisciplinary healthcare clinic **offering a 10% discount to NSTU members. NSTU ID is required in order to receive your discount.** We care about your health and will work with you to help you empower your body, mind and soul! We specialize in supporting wellness by addressing the cause of the disease in the body, through mobility issues, postural weaknesses, office ergonomics and lifestyle choices. We offer chiropractic, naturopathic care, acupuncture, nutritional rehabilitation and lifestyle coaching to help you achieve your goals. **LOCATIONS:** Sound Chiropractic - Bedford, Unit 205 - Nine Mile Circle, 620 Nine Mile Drive, Bedford, NS B4A 0H4 | Sound Chiropractic - Dartmouth, Unit 9 - 71 Ilsley Ave., Dartmouth, NS B3B 1L5 **CONTACT INFO:** (902) 444-4666 ext. 1 | [info@soundchiropractic.ca](mailto:info@soundchiropractic.ca) | [www.soundchiropractic.ca](http://www.soundchiropractic.ca) **JOIN US ON:** Facebook ([/soundchiro](https://www.facebook.com/soundchiro)) | Twitter ([@soundchiro](https://twitter.com/soundchiro)) | Linked In ([/SoundChiropractic](https://www.linkedin.com/company/soundchiropractic)).

**SG COSMETIC [BOTOX • LASER • FILLERS • SWEAT MANAGEMENT • SKIN CARE] and SG•MEDI•SPA [AESTHETICS & COSMETIC MEDICINE]** offer a 10% discount to all NSTU members! Discount includes laser hair removal, Botox and juvederm fillers, chemical peels and spa services. Professionally trained and experienced staff under the direction of Dr. Ken Chisholm. A private setting, free parking and gift certificates are available at each location. SG Cosmetic is located at 6088 Quinpool Road, Halifax, 902-429-8784, [www.sgcosmetic.com](http://www.sgcosmetic.com) and sg•medi•spa is located at 463 Main Street, Wolfville, [www.sgmedispa.com](http://www.sgmedispa.com).

**STRESS BUSTERS MASSAGE THERAPY & WELLNESS** - Invites NSTU members and retired members of the NSTU, whether local or from outside of the metro area, to come in and enjoy a 10% discount on regularly priced Massage Therapy Services. ID required. Direct billing is available for Medavie Blue Cross. Regular rates are \$80 for 1 hour and \$120 for 90 minutes. Earn free massage with our Client Referral Program. Clients receive free trial for use of Whole Body Vibration at our location.

\*\*\*Offer is not valid in conjunction with other offers and is not applicable for on-site chair massage services. Also, Chair massage is available for your workplace, promotion or event.

Please call for rates as they differ from in-house. Rates subject to change without notice. If you have any questions, please contact - Lola McNeil, RMT & Owner, 3638 Dutch Village Road, Halifax, NS B3N 2S4; C: 902-488-5652; [www.stressbusterswellness.com](http://www.stressbusterswellness.com) / [info@stressbusterswellness.com](mailto:info@stressbusterswellness.com)

**SunME SWIMSUIT SPA**, offers NSTU members a 10% discount on all services and other specials at the spa located at 1869 Upper Water Street in the Historic Properties in Halifax, Phone: 902-407-8808. Swimsuit shopping, spa services, St. Tropez tanning and specialized esthetic services are offered. Contact our Beauty Team for an appointment. Visit [www.swimsuitspa.ca](http://www.swimsuitspa.ca) for further details.

**TOUCH THERAPIES, Dustin Ellsworth, RMT.** Massage Therapy Services - **Offers \$25 off Massage Services to NSTU members** - Located in Styles Alive, 3422 Dutch Village Road, Halifax, NS; 902-443-7501; Email: [touch.therapies@live.com](mailto:touch.therapies@live.com). Hours of Operation are Monday, Tuesday and Friday 9-5 and Wednesday and Thursday 11-7. Direct bill through Blue Cross available. Specializes in Postural Dysfunctions. Enquire about our Client Program.

## BOOKSTORES

**TATTLETALES**, Penhorn Mall, 535 Portland Street, Dartmouth offers a **20% discount** to NSTU members. 902-463-5551; [tattletaletales@ns.aliantzinc.ca](mailto:tattletaletales@ns.aliantzinc.ca)

**WOZZLES**, Halifax offers a **20% discount** on classroom purchases to NSTU members. 1533 Birmingham St, Halifax, NS B3J 2J6. 902-423-7626.

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## MISCELLANEOUS

**BANANA REPUBLIC** is currently offering a teacher discount of 15% off regular price merchandise in their Halifax store and 10% off in their factory store in Dartmouth Crossing on reduced priced merchandise. Teachers need to show appropriate ID at the register to receive the discounts. We can add you to our Gold Book so that we can keep you and your colleagues informed of special offers. Halifax Shopping Centre, 7001 Mumford Road, Halifax, NS B3L 4N9; 902-454-8071 (Halifax) / 902-481-9430 (Dartmouth); [bananarepublic.ca](http://bananarepublic.ca)

**BENJAMIN MOORE BAYERS LAKE** offers NSTU members \$5 off cans of paint. NSTU identification is required. Location: 120 Susie Lake Cres., #19, Bayers Lake, Halifax; PH: 902-446-3990.

**BIG APPLE FASHIONS**, Barrington Place Shop, 1903 Barrington St., Suite #2050, Halifax is pleased to offer all NSTU members a 10% discount on all regular priced fashions. Contact 902-446-2442 or [www.bigapplefashions.ca](http://www.bigapplefashions.ca)

**BOSE CORPORATION** is currently offering special savings (up to 15% off) to members and retirees of the NSTU. Receive savings on most Bose products including music systems, headphones, Bluetooth® Speakers, surround sound systems and solutions for today's most popular portable music devices. Enjoy Bose sound at homes and school. For more information or to place an order call 1-800-341-2073 and ask for the "Educators Canada Program." Savings only available by phone.

**BOUNCE KINGDOM PARTY & EVENT RENTALS** - located in Berwick in the Annapolis Valley, **offers a discount to NSTU members** when booking Winter Carnivals and Safe Grads ([call/email for details](#)). For more information, call 902-680-1056; [bouncekingdom@gmail.com](mailto:bouncekingdom@gmail.com) or check out [www.bouncekingdom.com](http://www.bouncekingdom.com).

**BUDGET RENT-A-CAR MARITIMES** offers a discount to NSTU members at the following locations ONLY: Halifax/Dartmouth, Sydney, Port Hawkesbury, Yarmouth, Moncton, Saint John, Fredericton, and Charlottetown. For more information, contact Budget Rent-A-Car in your area (in Halifax dial 902-492-7500 and press 1) or call 1-888-492-4888.

**CANADIAN PUBLIC EMPLOYEE ACQUISITION CLUB** - CPEAC is an exclusive public employee discount program available to all members of the Nova Scotia Teachers Union. Each month, CPEAC sends a key link to registered members offering deals and discounts from a wide variety of businesses. CPEAC is registered with the Better Business Bureau and does not share member information with sellers or retailers. Go to [cpeac.org](http://cpeac.org) to register for the program.

**CHRIS SCOTT AUTOMOTIVE** - Offers NSTU members 15% off known rust control application. Located at 1775 Sackville Drive, Middle Sackville, NS; phone 902-865-2043.

**DISCOUNT CAR AND TRUCK RENTALS** offers a discount to NSTU members. By quoting **#46129** each time you require a rental vehicle you will be able to save up to 40% off leisure rates. Rates are guaranteed in Nova Scotia and New Brunswick. Vehicle rentals available are compact, midsize, full size, minivan, SUV, 1/2 ton pickup, crew cab, cargo van and cube truck. Visit the website at [www.discountcars.ca](http://www.discountcars.ca). Central Reservations (P) 902-468-7171 or 310-RENT or (Toll Free) 1-888-636-9333; Email [reservations@carrental.ca](mailto:reservations@carrental.ca). Nova Scotia locations are Halifax (2710 Agricola St., 902-453-5153), Dartmouth (135 Ilsley Ave., Unit A, 902-468-5441), Halifax Airport (Quality Inn, 60 Sky Blvd., 902-873-3049), Kentville (7145 Hwy 1, 902-678-8594), Sydney (81 Victoria Road, 902-563-2806) and Truro (70 Juniper St., 902-895-6642). New Brunswick locations are Bathurst, Dieppe, Moncton, Fredericton, Sussex and Saint John.

**DISCOVERY CENTRE** - All NSTU members have access to our free program 'InSciGht'. InSciGht is a dedicated membership program for teachers only, offering a wealth of valuable benefits and resources all designed to make your jobs easier! This program includes: 50% discount on Regular Family Memberships; 20% discount on Discovery Shop purchases (with the exception of LEGO products); Free monthly newsletter; Family sneak peek nights; Online tools and resources.

Teachers can sign up for this on our website, located at [www.discoverycentre.ns.ca/learn/inscight](http://www.discoverycentre.ns.ca/learn/inscight). The program is presented by Johnson Inc.! Visit us at 1593 Barrington St., Halifax. We are pleased to offer all NSTU members a chance to view the facilities at no cost when presenting a valid Nova Scotia Teachers License at the front desk. Contact 902-492-4422.

**DULUX PAINTS** - <http://www.dulux.ca/> — **25% OFF our Manufactured Paints**. NSTU ID at time of purchase. Come into our stores and get a free Dulux Club Membership. Locations: 435 Grand Lake Road, Sydney (902-562-1170); 5651 Kaye St., Halifax (902-453-2560); 177 Wyse Road, Dartmouth (902-463-5222); 75 Akerley Blvd., Burnside (902-468-3965); 1746 Bedford Highway, Bedford (902-835-1300); 50 Tacoma Drive, Dartmouth (902-434-8292); 155 Chain Lake Drive, Halifax (902-445-5267).

**ERINN G. MOORE - FAMILY LAW PRACTICE** - Offers a one-hour free consultation plus a 30% discount on legal fees for all NSTU members. Over 10 years of experience—flat fees offered. Located at 1526 Dresden Row, 4th Floor, Halifax, NS B3J 3K3; Phone: 902-701-1952 or Cell: 902-223-0630.

**FRAME EXPRESS** - Custom Framing, Plakmounting and Prints offers a 30% discount on all custom framing and plakmounting (also guarantees their price is the best in the city and beats all written quotes by 10%) to NSTU members upon presentation of their ID card. Dartmouth Location, 10 Morris Ave., Unit 34 (off Akerley Ave.); phone: 902-468-5600.

**GARDEN VIEW RESTAURANT** on 174 Main Street in Dartmouth is introducing a **10% discount to NSTU members**. Try out our new South East Asian offerings, think zesty Pad Thai noodles, creamy coconut curries, savory basil stir-frys and even a lactose/gluten free coconut tropical chowder from the imperial court of Laos! Of course, nothing beats the comfort of the traditional Canadian/Chinese favourites we have been serving since 1923.

Our famous meat eggroll remains our top selling item and it comes with every combination platter. We also offer a full range of gluten-free and MSG free stir-frys. Check out our website [www.gardenviewrestaurant.com](http://www.gardenviewrestaurant.com) or call us to ask about what we can do for your catering needs, call Michelle at 902-435-7777. **Join our loyalty program and get a \$10 certificate for joining and a certificate for your birthday! You will be rewarded for every dollar you spend at the Garden View.**

**GCR TIRE CENTRES** (formerly Crown Tire) - offer NSTU Members a 15% discount off regular selling price of Bridgestone and Firestone Passenger/Light Truck tires. Also, a 10% discount off current retail price on any car service (brakes, alignment, oil changes). GCR Tire Centres are located in Antigonish, Bridgewater, Dartmouth, New Glasgow, New Minas and Truro.

**GRAND & TOY** - Working with teachers so students can be their best! Take advantage of Grand & Toy's low pricing. Contact Account Manager, School Supplies. Toll-free: 1-888-456-1258 ext. 271.

**GRANITE SPRINGS GOLF COURSE** - Granite Springs Golf Course is proud to present a discount on our Corporate Lighthouse Passes to all members of the NSTU. All members are able to buy 10 pass packages at the 30 pass package rate. What does this mean? You're able to get 10 rounds of golf at \$30 per round, which are normally \$40 per round! See below for details: **NSTU LIGHTHOUSE OFFER** - 10 Lighthouse Passes (10 Rounds of Golf) for \$300; Passes are 100% transferable - use of up to 8 per visit, split between friends/colleagues; Good for tee times any day/time; 4 day advance booking; 20% off guest green fee; and 20% off carts. **Contact Tim to secure - 902-717-0335 or [tim@granitespringsgolf.com](mailto:tim@granitespringsgolf.com)**

**We at GroPro would like to extend a 10%\* off discount to members of the NSTU and RTO for all orders coming through GroPro Grocery Delivery Services.** We support local producers and by ordering in our Buy Local section on **GROPRO.CA** you can too. We require no pre-payment, accept Cash, Debit, Mastercard and Visa right at your door and will bring all your groceries or other items right to your kitchen! Over 20 local suppliers and thousands of popular products for you to choose from on our online store! Not familiar with the internet? No problem we take telephone orders as well. Visit our website **GROPRO.CA** or give us a call at **902-441-7041** to book your delivery time! **\*Discount not to be combined with other offers or promotions\***

**HOMELIFE REAL ESTATE CENTRE INC.** - In partnership with Realtors Curtis Messervey and Anthony MacNeil is honoured to extend the Corporate Employee Real Estate Program to the NSTU members. This program is exclusive to HomeLife Real Estate Centre and is offered to the members of the NSTU. An overview of the program is: Gold Rewards Program - 15,000 points for every \$100,000 sale or purchase; Preferred Real Estate & Mortgage Rates - 1% discount when combining buying and selling services; Home Warranty Program - 50% discount on basic coverage; Relocation Services - Moving In and Moving Out assistance; Home Buyers and Sellers Kit; Service & Product Discounts - Furniture and appliances, home cleaning and home maintenance; and Donation Program - Percentage of sales donated to charities, etc. For additional information, please call HomeLife Real Estate Centre at 902-252-3400.

**HOUSE OF AUTO DETAILS** - Nova Scotia's only 100% chemical free interior Detailer's. **We offer 15% off all our services to all NSTU members.** Including Krown Rust Control, Aquapel treatments, Auto detailing (including shampooing). House of Auto Details, 9 Symonds Road, Bedford, NS B4B 1J5; phone: 902-404-1500; website: [www.houseofautodetails.ca](http://www.houseofautodetails.ca). Contact: Natalie Frederick-Wilson at [natalie@houseofautodetails.ca](mailto:natalie@houseofautodetails.ca)

**INTREPID TRAVEL - NSTU Members save 10% on trips with Intrepid Travel!** For travellers with a yearning to get off the beaten track, Intrepid opens up a whole new world of adventure travel. From the colourful landscapes of Latin America to the wilds of Africa - come with us to discover real people, real cultures and have incredible real life experiences along the way. For full details visit [www.intrepidtravel.com/teachers](http://www.intrepidtravel.com/teachers).



The **LUNG ASSOCIATION OF NOVA SCOTIA** offers NSTU members a **10% discount** on our **2015 Golf Discount Book - The Lung Book**. This amazing book has over 80 golf courses that offer 2-for-1 golf, plus other offers like stay-and-plays, discounts on buckets of balls, and more. More than 50 of those courses are located in Nova Scotia with other courses located across Prince Edward Island, New Brunswick, Newfoundland, and Maine. To purchase your book for the discounted rate of \$45.00 please visit us online at [www.ns.lung.ca/site/index.php/campaigns-events/the-lung-book](http://www.ns.lung.ca/site/index.php/campaigns-events/the-lung-book). The offer can also be provided by displaying your NSTU membership card at our office, 6331 Lady Hammond Road, Halifax, NS or by purchasing your book by phone at 902-443-8141.

**MICHAELS - 15% off your entire purchase every day!** Some exclusions apply, see a store associate for details. Create for your Classroom. Michaels has all the ideas you need to create a one-of-a-kind classroom! From bulletin board ideas to fun and educational games, we have the inspiration you need to make your classroom a fun place to be. Two Locations: 45 Washmill Lake Court, Halifax, NS B3S 1B9; 902-450-0288; Store Hours – Monday to Saturday: 9-9 pm & Sunday 10-5 pm. and 15 Leclair Row Road, Dartmouth, NS B3B 0C6; 902-461-3032; Store Hours – Monday to Saturday: 9-9 pm & Sunday 10-5 pm.

**MIDAS - TOTAL CAR CARE** - All locations in Nova Scotia. Offers 10% off parts. [www.midas.ca](http://www.midas.ca)

**NATURAL LIGHT SUNSPACE** is delighted to offer a **\$500 discount** off any 3-Season Sunroom, Screen-room and Permanent Awnings to all NSTU members. Take your deck to the next level with our beautiful permanent awning, screen room or sunroom products. Turn your backyard into a retreat that you can use for most of the year so you can truly enjoy your patio furniture, backyard, hot tub, pool...

Can you imagine: Barbecuing all year long out of the elements; Having a bug-free screened room for your hot-tub; Being protected from harmful UV and being cool on hot scorching sunny days; Keeping your expensive patio furniture from fading in the sun; Having dry cushions after a rainy day or a heavy fog; No worries about heavy winds blowing away your umbrella, sunshade, awning or gazebo; Extending your patio or deck usage in comfort for as much as 9 or ten months of the year; A permanent awning that is built for our Nova Scotia climate & snow load but does not darken adjacent rooms; Creating a nice quiet place to get away from the rat race or have a social or family event; Having a roof or room system that is perfect for your home, RV or Cottage.

Natural Light Sunspace offers: Permanent Awnings; Patio Covers; Screen-rooms and integrated railings; 3-Season & Extended Sunrooms; Sunshades; Aluminum and Glass Railings; and Aluminum deck systems.

Check us out online at [www.naturallightsunspace.ca](http://www.naturallightsunspace.ca) or call **902-499-4484** to set up an appointment to view our showroom @ 22 B Topsail Court, Unit 3, Bedford, NS. Get away without going away! Get your free estimate today!

**SUNSPACE SUNROOMS & AWNINGS** - 22 B Topsail Court, Bedford, NS by appointment only - call 902-499-4484; [www.naturallightsunspace.ca](http://www.naturallightsunspace.ca)

**NEPTUNE THEATRE** - NSTU members receive a **20% discount on Adult single tickets** for plays in the 2015-2016 Regular Season (excluding D Seating in FH and C Seating in Studio Theatre) plus 20% off the Our Plays, Your Way 3, 4 & 5 Packs. **Use Promo Code 2015NSTU**. Phone the Neptune Theatre Box Office at 902-429-7070 or 1-800-565-7345 or visit [www.neptunetheatre.com](http://www.neptunetheatre.com) and identify yourself as an NSTU member using your ID# to receive the discount. This discount cannot be combined with any other discount (ie. Seniors discount). Does not apply to Bonus Features. All regular service charges and HST will apply.

**NOGGINS CORNER FARM** - 10009 Hwy 1 Greenwich NS, is pleased to offer NSTU members a discounted rate of \$7 to our Fall Corn Maze when you bring your family (proof of membership required).

In the fall, as a way to celebrate harvest, Noggins Corner Farm offers a themed interactive corn maze which is perfect for families to “get lost” and enjoy the crisp fall air. In addition, visit the U-Pick apple orchard where you can pick over a dozen varieties and enjoy a wagon ride.

Noggins Corner Farm also offers curriculum based agricultural and environmental programming for grades primary to six (and adaptable programs for junior high and high school). Our school tours are teacher friendly, hands-on and interactive, which makes for a fun and memorable day. We offer spring and fall programming which explore the following topics: the importance of bees, ponds and wetlands, soil composition, fall harvest, an historical journey through Acadian land and the evolution of farming technology.

For more information about the corn maze or school tours visit [www.nogginsfarm.ca](http://www.nogginsfarm.ca) or contact Cristen at 902-542-5515 ext. 23, [tours@nogginsfarm.ca](mailto:tours@nogginsfarm.ca).

**OH MY SOLE!** Young Kempt Centre, 6061 Young Street, Halifax offers NSTU members \$10 off any regular priced pair of shoes in the store. Call 902-423-8288 or visit [www.ohmysole.com](http://www.ohmysole.com)

**PAPA MARIO'S PIZZA** - Two locations to serve you in the HRM - 6954 Mumford Road (Halifax Shopping Centre Annex) and 1283 Barrington Street, Halifax offers a 10% discount to NSTU members on food orders only. Papa Mario's also offer catering of more than just pizza - they have veggie/meat/fruit trays as well as salads and wraps. School lunch program is available (pizza with a whole wheat crust!) Visit their website at [www.papamarios.com](http://www.papamarios.com) or phone 902-421-2121. Contact is Albert at 902-425-0000 or 902-877-0247.

**PARK 'N FLY** - Halifax Stanfield International Airport offers a 20% discount to NSTU members. The Code 739987 can be used anytime at the lot/booth, kiosks in the Halifax Airport and even the PNF online portal [www.parknfly.ca](http://www.parknfly.ca) then click on “Corporate Program” at the top of the screen and enter the code number and dates and a coupon will be available to print. For further details contact: Park 'n Fly, 668 Barnes Drive, Enfield, NS B2T 1K2; Tel: 902-873-4574; [CS\\_Halifax@parknfly.ca](mailto:CS_Halifax@parknfly.ca) / [www.parknfly.ca/halifax/en/halifax](http://www.parknfly.ca/halifax/en/halifax)

### **QUALITY FOOTWEAR & MAHONE BAY TRADING COMPANY**

offers a 10% discount to members. Locations include 201 Chain Lake Drive, Halifax (902-444-4229) and 544 Main Street, Mahone Bay (902-624-8425). Check out comfort, fashion and selection in a wide range of sizes for men and women.

**RELIABLE COMPLETE AUTO SERVICE** offers NSTU/RTO members a discount. Lube, Oil, Filter and Tire Rotation - \$39.95. Also offering free MVI. Valid with most vehicles. Call for details. NSTU ID must be shown to receive promotion. Location: 364 Sackville Drive, Sackville, NS. Phone: 902-865-5509.

**ROGERS** - offers NSTU/RTO members an exclusive offer of **20% OFF ALL SHARE Everything Plans!** Included in all plans: Roam (ROAM like home) and ROGERS GameCentre Live Sub. 2015-16. Add up to 9 additional family members to each account & save even more!

**Package 1:** \$64/month, includes ALL monthly fees; 2-yr term; Primary Line only—500MB Data; UNLIMITED Canada-wide Calling; UNLIMITED Messaging (Text, Picture & Video messaging); 2500 Call Forwarding Minutes; FEATURES: Call Display & Voicemail, Call Waiting, Group Calling, and Online Billing—**SAVE \$16/Month**

**Package 2:** \$68/month, includes ALL monthly fees; 2-yr term; Primary Line only—1GB Data; UNLIMITED Canada-wide Calling; UNLIMITED Messaging (Text, Picture & Video messaging); 2500 Call Forwarding Minutes; FEATURES: Call Display & Voicemail, Call Waiting, Group Calling, and Online Billing—**SAVE \$17/Month**

**Package 3:** \$76/month, includes ALL monthly fees; 2-yr term; Primary Line only—2.5GB Data; UNLIMITED Canada-wide Calling; UNLIMITED Messaging (Text, Picture & Video messaging); 2500 Call Forwarding Minutes; FEATURES: Call Display & Voicemail, Call Waiting, Group Calling, and Online Billing—**SAVE \$19/Month! Plus Bonus Offer: Spotify® OR shomi® or nextissue**

**Order Online at [mcnaincommunications.com](http://mcnaincommunications.com)** and **Click on Corporate Login and Use Promo Code CCNSTUIDV** in Corporate Employee Purchases. **For more information, please contact: CHAD COWAN** at [ccowan@mcnain.com](mailto:ccowan@mcnain.com)

**SCOTIA AUTO GLASS** - So Scotia Auto Glass, what's in it for me? You will get Mobile Service with quick response times by a technician who is ScotiaGlassTech™ certified in both vehicle glass repair and replacement. We come to you at work or home using Scotia Glass's proprietary tools including the Glass Rebuild™ resin and the SingularSeal™ windshield fitting system that allow us and other Scotia Glass® technicians to provide superior service. Scotia Auto Glass is part of the Vantage Point Glass Network, Atlantic Canada's Fleet and Glass Network. This means that even if you are not in the HRM/Lunenburg/Valley area, Vantage Point Glass Network will have a shop for you that honors warranties throughout the Network.

NSTU card members will receive: Free mobile service at home or work\*, Up to 40% off your deductible\* Free Windshield Repairs\* 25% discount off the current retail price\* on any additional glass services (wipers, Aquashield, door glass and back window, car cleaning)\* - see website for details. Book online by visiting [www.scotiaauto.com/promo/nstu.htm](http://www.scotiaauto.com/promo/nstu.htm) or call HRM & Tantallon/Windsor – Ron Tibert – 902-456-5201 or South Shore, Hubbards, Chester to Liverpool - Ron Tibert - 902-523-1180.

**STAPLES®** - Is your computer running slow? Is something wrong but not sure what? **Staples® is pleased to offer a FREE computer diagnostic at any of our Staples® locations in Nova Scotia.** Simply present your teacher I.D. when you drop off your machine. For locations across Nova Scotia visit [www.staples.ca](http://www.staples.ca)

**SOFTMOC** - is pleased to invite all members of the NSTU to save at **SoftMoc!** Your Corporate Discount may be redeemed at any of our retail locations across Canada and our online store at: [www.softmoc.com](http://www.softmoc.com). The savings are valid on all regular and sale priced merchandise and cannot be combined with any other discount coupon or offer and is not valid at the Warehouse Sale Outlet. SoftMoc reserves the right to cancel this discount code at anytime. **The Discount Code is 777000013255.** This number must be quoted in store or entered online to redeem the discount. Alternatively, in store you may show your Official Membership Card. Additional rewards and savings are available through registering for SoftMoc "My Account" and Frequent Buyer Plan at: [www.softmoc.com/ca/register](http://www.softmoc.com/ca/register). For questions regarding this offer please contact: Dawn Reid, Corporate Sales Manager, SoftMoc Inc., 905-665-8119 ext 2233 or Email [dawn@softmoc.com](mailto:dawn@softmoc.com).

**TALL SHIP SILVA (Halifax)** is happy to offer harbour tours at a 25% discount to teachers. Just show your NSTU ID at the dock when purchasing tickets. Contact them at [info@tallshipsilva.com](mailto:info@tallshipsilva.com) or 902-429-9463.

**THE SACKVILLE SPORTS STADIUM** is offering all current and retired NSTU members a 10% discount on all Annual Memberships. The Sackville Sports Stadium is a multipurpose facility that offers programs and services in the areas of fitness, sport, and wellness.

We offer a range of sports, fitness, and wellness programs that include but are not limited to Zumba, TRX, Bootcamps, Boxing Workouts, Learn to Run, Indoor Cycling, Yoga, and Meditation. We also have a wide range of programs geared for the Senior population and specialized programs for those with chronic pain or injury issues as well as those with identified special needs.

Our Aquatics Department offers swimming lessons, aquatic leadership programs, fitness, and speciality programs as well as open swims to the public.

For children we have karate, dance, gymnastics, indoor soccer, birthday parties (dance, karate, mad science, gymnastics, laser tag, swimming and skating) and a large summer day camp program as well as in-service day camps throughout the year. Our arena is host to youth hockey, ringette, skating lessons, and public skating. There really is something for all ages!

Our membership coordinators will work with you to help identify your best options. Our annual memberships include Face 2 Face, which consists of 5 half-hour appointments with our certified trainers. You will receive a personalized program, one on one coaching and materials with current fitness and health information. Most importantly – you will get results and we guarantee it or your money back!

For more information visit our website, [www.thestadium.ca](http://www.thestadium.ca) or give one of our Membership Coordinators a call at 902-252-4000. NSTU ID is required. Terms & Conditions Apply.

**ULTRAMAR REFINERY** offers a 6 cent per litre discount on posted oil prices to NSTU/RTO members in the Halifax Regional Municipality. **Bill Kelvey at 902-456-7413.**

**WONG's Tae Kwon Do** in Lower Sackville offers 20% off monthly and yearly fees for NSTU members and their families. Call 902-478-1326 or email [bwong@ns.sympatico.ca](mailto:bwong@ns.sympatico.ca).

**Show your NSTU Membership ID Card whenever you are  
"out & about" and let us know about any other great deals & discounts!**

**Phone: 902-477-5621 / 1-800-565-6788**

**[theteacher@nstu.ca](mailto:theteacher@nstu.ca) / [smatheson@staff.nstu.ca](mailto:smatheson@staff.nstu.ca)**